



7AM - 3PM

BRUNCH

GRANOLA (V) £7.5
GREEK YOGHURT, HOMEMADE GRANOLA, SEASONAL FRUITS AND HONEY (VEGAN OPTION AVAILABLE)

OVERNIGHT OATS (PB, GF) £6.5
COCONUT AND APPLE OVERNIGHT OATS, TOPPED WITH STRAWBERRIES AND BLUEBERRY COMPOTE

TOASTED SOURDOUGH (V) £3.5
SERVED WITH BUTTER, HONEY, AND A CHOICE OF MARMALADE OR JAM

EGGS ON TOAST (V) £7.5
POACHED OR SCRAMBLED EGGS SERVED ON TOASTED SOURDOUGH WITH BUTTER

AVOCADO TOAST (PB) £10.5
SMASHED AVOCADO, ISLE OF WIGHT TOMATOES, DUKKHA, SAFFRON PICKLED ONIONS & LEMON
*add: poached egg £2

FULL VEGGIE (V) £12.5
POACHED EGGS, GRILLED HALLOUMI, ROASTED MUSHROOM, TOMATO & POTATO, BAKED BEANS & SOURDOUGH BREAD

FULL WINNIE'S £16
POACHED EGGS, CUMBERLAND SAUSAGES, BLACK PUDDING, BACON, ROASTED MUSHROOM & TOMATO, BAKED BEANS & TOASTED SOURDOUGH

EGGS BENEDICT £13.5
POACHED EGGS, CURED HAM, SMOKED PICKLES & HOLLANDAISE ON TOASTED SOURDOUGH

EGGS ROYALE £13.5
POACHED EGGS, SMOKED SALMON, AVOCADO, PICKLED ONIONS & HOLLANDAISE ON TOASTED SOURDOUGH

SWEET

CLASSIC PANCAKES (V) £9.5
SERVED WITH MAPLE SYRUP & ICING SUGAR
*add: bacon £2

BLUEBERRY PANCAKES (V) £11.5
SERVED WITH BANANA, CREME FRAICHE & MAPLE SYRUP

CROISSANT | PAIN AU CHOCOLAT (V) £3
CITRUS | CINNAMON | VANILLA BUN (V) £4
DAILY MUFFIN (V) £3.5
SEASONAL PASTRY (V) £4

FROM 12PM

BLT BAP £12.5
CRISPY BACON, LIME AIOLI, BABY GEM, AVOCADO & VINE TOMATOES IN A TOASTED BRIOCHE BUN

HALLOUMI BAP £12.5
CRISPY HALLOUMI, AVOCADO, BABY GEM & ROASTED PEPPERS IN A TOASTED BRIOCHE BUN

MARGHERITA PIZZA (V) £9
MOZZARELLA, TOMATO & BASIL

CHORIZO & PEPPERS PIZZA £11
MOZZARELLA, TOMATO, SPANISH CHORIZO & ROASTED PEPPER

Please let us know if you have any allergies or dietary requirements.
V - Vegetarian | GF - Gluten Free | PB - Plant Based

COFFEE

by "SeaDog"

ESPRESSO	£2.5
AMERICANO	£2.5
FLAT WHITE	£3.5
LATTE	£3.5
MACCHIATO	£3
CAPPUCHINO	£3.5
ICED LATTE	£4
ICED AMERICANO	£3.25

SYRUPS (ASSORTED) £0.5

TEA

by "New Forest Tea"

FAIR TRADE BREAKFAST	£3.5
EARL GREY	£3.5
PEPPERMINT	£3.5
GREEN	£3.5
RELAXING	£3.5
FRUIT	£3.5

WITH YOUR CHOICE OF: FULL FAT, SEMI SKIMMED,
ALMOND, COCONUT, OAT OR SOYA MILK

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JUICES

ORANGE JUST PRESSED ORANGES AND ICE	£4
APPLE 100% PRESSED ENGLISH APPLES	£4
PINK BOOSTER APPLE, ORANGE, BEETROOT	£4.5
ENERGISER CARROT, GINGER & ORANGE	£5
BREAKFAST SMOOTHIE GRANOLA, BERRIES, HONEY & COCONUT MILK	£5

SOFT DRINKS

FLAWSOME! CARTONS	£1.75
DR PEPPER	£1.75
PEPSI	£1.75
7UP	£1.75
STILL OR SPARKLING WATER	£2.5
FEVERTREE TONICS	£2.5
FIREFLY KIWI, LIME & MINT	£3.25
FIREFLY PEACH & GREEN TEA	£3.25
FIREFLY POMEGRANATE	£3.25
FIREFLY LEMON, LIME & GINGER	£3.25
FENTIMANS ELDERFLOWER	£3.5
FENTIMANS ROSE LEMONADE	£3.5
FHIRST CHERRY & VANILLA	£3.5
FHIRST PASSION FRUIT	£3.5
KARMA COLA	£3.5
KARMA GINGER ALE	£3.5
KARMA LEMONADE	£3.5
KARMA ORANGEADE	£3.5
BUNDABERG GINGER BEER	£3.75
Longbottom VIRGIN MARY	£4
MANGO GO ENERGY DRINK	£4
VITA COCO	£4