

## **ROSIE LEE LOOSE TEA**

Elevate your mornings, invigorate your days, and soothe your nights with our exquisite range of the finest teas.

Sip by sip, embrace the best time of your day.

# **MORNING**



### MORNING RANGE

Awaken your senses with our revitalising morning blend of caffeinated teas, providing energy, focus and clarity.

# Fairtrade Assam Reinvigorating | Medium caffeine | Black tea from India 3 Fairtrade House Blend Calming | Medium caffeine | Black tea from India, Africa and Ceylon 3 Gunpowder Green Immunity boosting | Low caffeine | Green tea from China 3 Wild Strawberry Black Energising | Medium caffeine | Black tea from Sri Lanka, Kenya, India, Thailand, China, France 3

## Taste the range



## **DAY RANGE**

Enjoy the refreshment and focus throughout the day with our energising selection of teas.

Farl Grev

Eur i Oi Oy	
Energising   Low caffeine   Earl grey from India and Kenya	3
Winter Spice	
Soothing   Medium caffeine   Black tea from Sri Lanka, Kenya, India, Thailand, Turkey, France	3
Chocolate Strawberry	
Antioxidising   Low caffeine   Black tea from Turkey, Egypt, China, India, Albania	3.5
Blueberry	
Anti-inflammatory   Medium caffeine   Black tea from Sri Lanka, Kenya, India, Albania, France	3
Spring Berry	
Anti-inflammatory   No caffeine   Fruit tea from Turkey, Chile, Egypt, Thailand, China	3.5
Strawberry Tingle	
Antioxidising   No caffeine   Fruit tea from South Africa, China,	3.5



## **NIGHT RANGE**

Wind down gently into the night with our calming brews, preparing your mind and body for a restful sleep.

Cinnamon	
Anti-inflammatory   Medium caffeine   Black tea from Sri Lanka, Kenya, India, Thailand	3
Camomile	
Sleep inducer   No caffeine   Black tea from Egypt	3.5
Peppermint	
Digestion calming   No caffeine   Herbal tea from USA	3
Orange Grove Vanilla	
Anti-inflammatory   No caffeine   Herbal tea from Turkey, Egypt, China, Poland	3
Rainbow Rooibos	
Antioxidising   No caffeine   Rooibos from South Africa, China,	3.5

**MORNING** 



Awaken your senses with our revitalising morning blend Tin (50-100g) of caffeinated teas, providing energy, focus and clarity.

Fairtrade Assam	Black tea   Reinvigorating   Medium	8
Fairtrade House Blend	Black tea   Calming   Medium	8
Gunpowder Green	Green tea   Immunity boosting   Low	8
Wild Strawberry Black	Black tea   Energising   Medium	10



Enjoy the refreshment and focus throughout the day with our energising selection of teas.

Earl Grey	Earl grey   Energising   Low	8
Winter Spice	Black tea   Soothing   Medium	8
Chocolate Strawberry	Black tea   Antioxidising   Low	12
Blueberry	Black tea   Anti-inflammatory   Medium	10
Spring Berry	Fruit tea   Anti-inflammatory   None	12
Strawberry Tingle	Rooibos   Antioxidising   None	12



Wind down gently into the night with our calming brews, preparing your mind and body for a restful sleep.

Cinnamon	Black Tea   Anti-inflammatory   Medium	10
Camomile	Herbal tea   Sleep inducer   None	8
Peppermint	Herbal tea   Digestion calming   None	8
Orange Grove Vanilla	Herbal tea   Anti-inflammatory   None	10
Rainbow Rooibos	Rooibos   Antioxidising   None	12